

# SOAR: Obtain Truth

## Welcome to SOAR!

When we **SOAR** we **Seek** God, **Obtain** Truth, **Abide** in the Spirit, and **Reach** Out

Spiritual growth begins and is maintained with intimate fellowship with the Living God through Jesus Christ. **SOAR** is a four-part study consisting of eight lessons each designed to foster that relationship through discipleship. Soaring in Christ is the outcome of seeking God, obtaining and abiding in His Truth and reaching out. Let's look at the key scriptures we will explore during our time together.

### **SEEK GOD** **Know God Intimately**

*"You must love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind; and your neighbor as yourself."* Luke 10:27

*"But seek first his kingdom and his righteousness, and all these things will be given to you as well."* Matthew 6:33

### **OBTAIN TRUTH** **Find Freedom in God's Word**

*"Then you will know the truth, and the truth will set you free."* John 8:32

*"Consequently, faith comes from hearing the message, and the message is heard through the word of Christ."* Romans 10:17

### **ABIDE** **Live from the Spirit of God**

*I have been crucified with Christ and I no longer live, but Christ lives in me. The life I live in the body, I live by faith in the Son of God, who loved me and gave himself for me.* Galatians 2:20

*Since we live by the Spirit, let us keep in step with the Spirit.* Galatians 5:25

### **REACH OUT** **Share the Good News**

*"The harvest is plentiful, but the workers are few. Ask the Lord of the harvest, therefore, to send out workers into his field."* Matthew 9:37

*Then Jesus...said, "All authority in heaven and on earth has been given to me. Therefore go and make disciples of all nations..."* Matthew 28:18-20

# From Sheri and Amy

Beloved,

I desire to see the Body of Christ have a passion and love for The Truth (Jesus, The Word)! As believers in Jesus Christ, having access to the Bible is an astounding privilege and blessing. The Word of God is alive and active! One life-giving verse can change a life forever. It can save, teach, correct, and encourage us. Yet, at the same time it can demolish strongholds and ward off our Enemy. Why would anyone ever want to neglect an amazing gift like this? Why do I ever neglect it? Why would I ever disregard the blessings of being in God's Word?

Too many Christians have a struggle with knowing how to study the Bible on their own. If they read it at all, they are dependent on a Bible study or a Bible reading plan to help. These are great, but I don't want anyone to have to wait until the next 'Bible thing' to start before they dive into the Word again.

The tools in this study can be used for the rest of your life! I often personally use these approaches for my own Bible study time. Exploring the Word on my own, I have gained tremendous insight and intimacy with my Father.

Do you want to really grasp who you are in Christ? Do you long to know all that is yours as His child? Do you want to be set free from insecurities so that you can live powerfully for God's glory? Do you want to go from being spoon-fed to being able to feed yourself? I invite you to come with a spiritual hunger for righteousness.

Teaching and preparing Obtain Truth has been an absolute thrill for me. I pray you will be abundantly blessed by it! *Then you will know the Truth and the Truth will set you free.* John 8:32

Loving you and Loving Him,  
Amy Groeschel



*Amy Groeschel*



*Sheri Yates*

Dear friends,

I raised my hand to receive Christ as a 10 year old little girl. However, I spent the next 16 years living as if I never knew Christ. To me, God was an insurance policy that kicked in at my death.

I never had "it!" What is "it"? "It" is a rock solid relationship with God. I would meet people that seemed have "it." Quite frankly, they freaked me out. I tried to be right with God, but I always fell short and would mentally beat myself up! I never had any peace. I always questioned my salvation.

One day, I opened my Bible and started reading it. I loved it! I couldn't believe how much the Old Testament reminded me of my favorite soap opera. As I continued reading God's Word for up to two hours a day, it started to change me. I didn't even realize it!

On her deathbed, my aunt said, "Either way I win." "What?" I thought, "I don't know God like she does but I want to!" How was she able to trust God like that? She knew Him and that His promises were true – in life or death! God's Truth is vital! Why, you might ask? Because this world only has death to offer you, but Truth brings life.

I resolved to seek and know God and Truth daily. My prayer is that you will commit to know the Truth with me!

*"Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom." 2 Corinthians 3:17*

Love in Christ,  
Sheri

# Obtain Truth Overview

Our study began with *Seek God* because you cannot receive truth from a God you do not know. The only way that you will trust His word is if you know Him – personally. As you get to know Him through the Bible and spending time communicating with Him in prayer, you will see His character and begin to truly fall in love with your Abba Daddy.

You may recognize that you do not have a relationship with Father God. If you are ready to invite Him into your life, simply pray and ask Jesus Christ to forgive you and inhabit you through the Holy Spirit. If you are not sure of your salvation and you want to be sure or you do not know what to pray, pray this prayer:

Father, I confess that I have sinned against you. Please forgive me. I need a Savior. I could never earn salvation through my goodness. I put my trust in Jesus and what He did on the cross to take my place. I believe that You love me and that Jesus died and rose again so that I can know you and be forgiven. Fill me with your Holy Spirit. I surrender my life, my will and my ways to your will. Be the Lord of my life. Thank you for loving me. I trust that I am yours and am now sealed with your Spirit! In Jesus name, Amen.

You are in Christ! You are His child. Don't doubt it. Do not look back. Walk forward with the Father from now on! Leave your old life of sin and rebellion because you have been made new, clean, and holy!

This study is a perfect way for you to begin to grow in your understanding of what you now have in Christ Jesus and renew your mind to become more like Him! Welcome to the family of God!

If you want to seek to know Him more, please feel free to go back to the *Seek God* study or continue on with us – in *Obtain Truth*!

Each study builds upon the previous one. Our prayer for each of us throughout this journey is that we will know Him more intimately and the eyes of our hearts will be flooded with revelation.

## **OBTAIN TRUTH...TODAY!**

Obtain is a verb - It implies **action**. So we are going to put some action into obtaining God's truth and storing it in our hearts. How? Through reading God's Word in daily nourishment portions.

**OBTAIN TRUTH**  
Find freedom in God's Word

*Then you will know the truth, and the truth will set you free." John 8:32*



## STUDY OUTLINE

Week 1: I Need Truth – Amy (28 min.) ----- pg 5

Week 2: I Need Revelation – Sheri (22 min.) ----- pg 8

Week 3: I am Secure – Amy (36 min.) ----- pg 10  
Testimony with Leah Cline

Week 4: I am Filled with the Holy Spirit ----- Sheri (23 min.)  
Testimony with Ketric Newell ----- pg 13

Week 5: I am a Priest – Amy (34 min.) ----- pg 15

Week 6: I am Adopted – Sheri (28 min.) ----- pg 17  
Testimony with Dana Byers

Week 7: I am Loved – Amy (30 min.) ----- pg 20  
Skit by Jody Blackwell

Week 8: I am in a Battle – Sheri (18 min.) ----- pg 22  
Testimony with Danae King

Week 9: Transformed by the Truth: Real Stories of Freedom  
(1 hour) ----- pg 24

## **Week 10: Your Personal Testimonies**

Schedule your own testimony share time. Share with others how God has given you revelation, renovated your mind, how you relied on Him and what you resisted. How has God renewed you during this time?

Find us as [www.soarwithgod.com](http://www.soarwithgod.com)

# SOAR Study Approach

**Each week has five parts. Here's a simple outline for you for you to use for your group.**

## **LEAD!** Leader Preparation

Leaders, you were called for a time such as this! We want you to lead your group, build equity with them and become an even more sold-out follower of Christ yourself just from spending time with Him and obtaining truth! We have a section in the back to help you prepare each week. Pray and ask God to give you a spirit of wisdom and revelation to know Him more and wisdom to lead your group. Go through the entire week of material and allow the Lord to give you insight.

## **SHARE!** Group Time

Here are some suggested things to include in your small group time:

- Discuss the previous week's homework.
- Icebreakers are a great way to build connections and intimacy within the group.
- Pray together.
- Share the 25-35 minute video teaching with your group.
- Make sure to have available copies of this week's EAT! sections for each of your participants.
- Encourage your group to bring their Bibles.

We encourage you to be transparent with your own personal examples so that your group will follow your example.

## **EAT!** Spiritual Nourishment

This is your daily spiritual nourishment. Think of it as being as vital to your well being as the food you eat. Without it, you would die. Jesus said, "I am the bread of life. He who comes to me will never go hungry..."(John 6:35). *Daily Nourishment* will give you some new tools to *Obtain Truth* for yourself. Please don't let these tools lay idle. You will reap what you sow. Taking notes will cause you to slow down and give you more time to reflect and look closely at Scripture.

The "Crave Nourishment" section begins in week three. It is for those who crave even more truth. Use this section after you have completed the five days of homework.

## **SERVE!** Give Back

If God reveals a truth to you, share it. Don't keep it to yourself! Serve is designed so that you, the leader, can identify serving opportunities within the group, the community, or the church. If someone you know needs prayer, take your group to pray with him or her. If someone has a family member at a nursing home, take your group there. Maybe you could even go on a mission trip together! Check with your church's missions leader for more ideas.

## **LIVE!** Fellowship

Do life together! Spend time together talking about the Lord and all the good things He has done. Pray for one another. Throw parties and have dinner together. Share in communion. Talk about His names and character traits. Bask in fellowship with others that hunger for Jesus.

# Week One – I Need Truth

## MEMORY VERSE

*“I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know him better.*

*I pray also that the eyes of your heart may be enlightened in order that you may know the hope to which he has called you, the riches of his glorious inheritance in the saints, and his incomparably great power for us who believe.*

*That power is like the working of his mighty strength, which he exerted in Christ when he raised him from the dead and seated him at his right hand in the heavenly realms.”*

Ephesians 1:17-20

## VIDEO REVIEW

### I Need Truth

- We have a real enemy, the Devil. He doesn't want us to know truth. He is the Father of Lies. The Deceiver.
- Without truth, we are subject to the enemy's STD's:
  - Suppressed Truth
  - Twisted Truth
  - Doubted Truth
  - Side-Trackd Truth
- We become vulnerable to sin and lies when the Word is not sharpened within us.
- Unbelief is a lie believed.

### Why Knowing Truth is Imperative

Truth	Lies
Frees	Binds (Enslaves)
Guides	Misleads (Sidetracks)
Purifies	Pollutes (Suppresses)
Teaches	Twists (Distorts)
Rebukes	Excuses
Corrects	Blinds
Equips	Distracts (Ineffective/Unproductive)
Generates Certainty	Generates Doubt

Remember this: “A lie believed as a truth will affect your life as if it were true.” - Craig Groeschel

Write down lies that people in general are currently being deceived by. Has God just revealed to you a lie that you believe?

Are you ready to stop being deceived by the enemy?

Let's Obtain Truth!

*“A lie believed as a truth will affect your life as if it were true.”*

# Week One – I Need Truth

## DAY 1 – TRUTH IS VITAL

### **SEEK GOD**

Read and pray aloud Ephesians 1:17-20

Seek your Father God in prayer. Ask Him for wisdom and revelation to better know and understand His truth. Pray this scripture daily for yourself. It is God's Spirit that opens your eyes to see truths in His Word.

### **OBTAIN TRUTH**

*"Then you will know the truth, and the truth will set you free." John 8:32*

*All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the man of God may be thoroughly equipped for every good work. 2 Timothy 3:16-17*

Write down in your journal why you think knowing truth is vital. Express your desires and commitments to knowing God's truth more fully.



### **OBTAIN TRUTH**

Read Psalm 119:1-88.

Today, we are going to start reading the longest chapter of the Bible. Read it all the way through or for as long as time will allow.

King David (a man who sought after God's own heart) wrote this Psalm. He uses the words Ordinances, Commands, Laws, Precepts, Statutes, and such, over and over again. All of these words can be summed up as "The Word!" So, as you read, I (Amy) want you to substitute these previously mentioned words with "The Word." This will help bring clarity, and I believe, a greater emphasis and impact to your heart.

Title a journal page, "The Word." Write down the truth treasures that you obtain in your reading. You may want to do what I did and make a list of every description of God's Word mentioned. This took me a long time! I had over two pages of notes, but it was totally worth it! If you want to do this or something like it, spend as many days as you need to get the task done.

To me, studying the Word is like studying a painting of a master artist. I love art! The longer I spend looking at a painting, the more familiar I become with the details! I begin to see things that I would have missed if I'd only looked for a moment! The first chapter of James tells us that the man who looks intently at the Word, not forgetting it, but doing what it says, will be blessed! On your mark, get set, LOOK!

## DAY 2 – THE WORD: PART 1

### **SEEK GOD**

Find a quiet place - maybe it's your closet. Lie facedown. Now consider this prayer: Father, thank you for your life. Thank you for your Son. Open my heart to knowing you more intimately. Help me understand the truth through your Word. In Jesus name, amen.

The reason we suggest get on your face is that in the same way you bow before a king, you bow before Father God in honor and respect because He is the King of Kings.

I never get out of my bed before I hit the ground in prayer to my King. Find your special way to humble yourself before your Holy Father. Adore and worship Him. Christ is your life. Abandon your ways to wholly follow Him. Be still and listen.

Continued...

# Week One – I Need Truth

## **DAY 3 – THE WORD: PART 2**

### **SEEK GOD**

Read and pray aloud Ephesians 1:17-20. God desires that we love and heed his Word! Respond to God now in prayer. Ask the Father to deepen your love for Him and His Word.

### **OBTAIN TRUTH**

Read Psalm 119:89-176.

How far did you get yesterday? Continue to read and journal “The Word” observations from Psalm 119.

Are you finished with your study of Psalm 119? It’s a treasure! Don’t take too many short cuts or you will miss out.

## **DAY 4 – DOUBLE EDGE SWORD**

### **SEEK GOD**

Read and pray aloud Ephesians 1:17-20.

### **OBTAIN TRUTH**

Read Hebrews 4:12 and 2 Timothy 3:16.

Today, read Hebrews 4:12 and 2 Timothy 3:16. In your journal, write the title, "God's Word." Study today's scriptures and make a list of everything taught about the Bible.

Spend the remainder of your time with God in prayer.

## **DAY 5 – REVIEW**

### **OBTAIN TRUTH**

Look over your notes from this week. Reviewing your notes will help to reinforce what you are learning, and you may be surprised to discover some new insight that you had previously missed! You may need more time to complete your notes of Psalm 119. This is your opportunity to finish it!

### **SEEK GOD**

Spend the remainder of your time with God in prayer. Review your memory verse.

# Week Two – I Need Revelation

## MEMORY VERSE

*“I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know him better.*

*I pray also that the eyes of your heart may be enlightened in order that you may know the hope to which he has called you, the riches of his glorious inheritance in the saints, and his incomparably great power for us who believe.*

*That power is like the working of his mighty strength, which he exerted in Christ when he raised him from the dead and seated him at his right hand in the heavenly realms.”*

Ephesians 1:17-20

## VIDEO REVIEW

### I Need Revelation

1. Revelation (new enlightenment or understanding of Truth)
2. Renovate (trash the lie(s); study and meditate on Truth)
3. Rely (rest in and live out of the Truth)
4. Resist (resist the devil and stand firm in the Truth)

Where are you currently in your discovery of truth? Are you just beginning to understand who you are in Christ? Are you in the process of renewal and renovation? Throw out the junk and replace it with Truth. Write down where think you are.

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# Week Two – I Need Revelation

## DAY 1 – DIVINE REVELATION

### **SEEK GOD**

Seek your Heavenly Father in prayer. Thank Him and ask Him for more understanding. Pray for yourself Ephesians 1:17-20. It is God's Spirit that opens your eyes to see Truths in His Word.

### **OBTAIN TRUTH**

Read Mark 4:1-32.

Ask God for revelation as you read through the text once. Next, go back and read it slowly. Take notes on what Jesus taught about the sown Word and the people who heard the Word.

Give yourself time to think over the verses you have studied. Meditation on Truth can bring about a deeper understanding. Choose to reflect and meditate on what you are learning.

## DAY 3 – RELY ON TRUTH

### **SEEK GOD**

Seek your Heavenly Father asking Him for more understanding of who He is. Pray for yourself, quoting Ephesians 1:17-20.

### **OBTAIN TRUTH**

Read John 15:1-8 and Isaiah 43:18-19.

Take out your journal page labeled, "My Role." Read today's verses and write down what your role is and how you can apply these Truths to your daily life through relying on God. What specifically can you do to stop looking backward and start looking forward and relying on God's Word today?

## DAY 4 - RESIST

### **SEEK GOD**

Pray Ephesians 1:17-20 for yourself and your family. God actually wants you to know Him better. Are you getting to know your Father better? Don't give up. The journey has just begun. Tell Father how much you truly want to know Him. Sometimes writing my prayers helps me love on God without becoming distracted.

### **OBTAIN TRUTH**

Read Mark 4:23-25 Amplified Version, Galatians 6:7-10, Proverbs 4:13, 4:23, 7:1-4, and Luke 12:13-21.

After reading, answer these questions in your journal:

- What must you start resisting today?
- What fence do you need to build to protect your renovated mind?

## DAY 5 – REINFORCE THE TRUTH

### **SEEK GOD**

Pray to your Father. Worship Him. Thank Him for His Word that is transforming you this week. Ask Him to continue to flood your heart with understanding. Quote Ephesians 1:17-20.

### **OBTAIN TRUTH**

Look over your notes from this week. This will help to reinforce what you are learning. You may be surprised to discover some new insight that you have been given!

Spend the remainder of your time with God in prayer. Thank Him for what He has shown you through the Word. Can you make a list of 10 things that He's faithfully shown you? Write it in an attitude of prayer and thanksgiving.

## DAY 2 – RENOVATE YOUR MIND

### **SEEK GOD**

Pray and thank God for His Word and His life. Pray for yourself, quoting Ephesians 1:17-20.

### **OBTAIN TRUTH**

Read Mark 4:21-25, Romans 12:2, and Ephesians 4:20-24.

Today, we are going to focus on renovating our minds with God's Word. This reading may require some contemplation. Don't allow resistance or a busy schedule hinder you. Ask the Holy Spirit for commitment and insight.

Make a new subject heading in your journal, titled, "My Role." Read today's verses and write down what you learn about a believer's role to obtain truth. Consider reading various Bible versions on [www.youversion.com](http://www.youversion.com)

# Week Three – I Am Secure

## MEMORY VERSE

*And you also were included in Christ when you heard the word of truth, the gospel of your salvation. Having believed, you were marked in him with a seal, the promised Holy Spirit, who is a deposit guaranteeing our inheritance until the redemption of those who are God's possession—to the praise of his glory.*  
Ephesians 1:13-14

## VIDEO REVIEW

### I am Secure

- Before we can know *who* we are in Christ, we must know that we *are* in Christ.
- Many doubt their salvation because they still see evidence of the old sin nature. We must know the Word to gain our assurance!
- Believers cannot remain in a sin lifestyle because the Holy Spirit will convict and draw them back to holy living.
- Believers are not instantly sin-free. Becoming like Christ is a process that we must take part in by obeying and abiding in the Truth.
- You are saved by grace through faith, not by what you do.
- Jesus paid the debt for all our sins - past, present and future!

## DAY 1 – REDEEMED AND RECONCILED

### SEEK GOD

Spend some time with God.

### OBTAIN TRUTH

Read this question and allow God to set you free with this Truth

*“How can I be sure that I am really forgiven?”*

*In Him (Christ) we have redemption through His blood, the forgiveness of our trespasses (sins), according to the riches of His grace.* Ephesians 1:7 HCS

The only way to truly know you are forgiven is to believe God's Word. God has forgiven you based on what Christ did, not on what you do. Jesus Christ was the perfect God/Man who died so that we might be fully and completely forgiven of all our sins (past, present and future). Jesus died for the sins of the whole world. Not one person was left out (except the sin of rejecting Him).

When you trust in who Christ is and what He did, you receive the forgiveness His sacrifice provided. Apart from God's full forgiveness, we could not have a relationship with Him and He could not live in us. Everyone in Christ lives in a forgiven state with God, 24/7. The Biblical word for this is justified, which means God relates to us “just-if-I'd” never sinned.

*And when you were dead in trespasses (sins) and in the uncircumcision of your flesh, He made you alive with Him and forgave us all our trespasses (sins). He erased the certificate of debt, with its obligations, that was against us and opposed to us and has taken it out of the way by nailing it to the cross.*  
Colossians 2:13-14

*He has not dealt with us as our sins deserve or repaid us according to our offenses. For as high as the heavens are above the earth so great is His faithful love toward those who reverence Him. As far as the east is from the west, so far has He removed our transgressions from us.* Psalm 103:10-12

Continued on next page

# Week Three – I Am Secure

One reason we question God's forgiveness is that we believe God has only forgiven our past sins and not our future sins. We mistakenly think that any new sins that we commit separate us from God once again.

When we receive Christ into our life, our forgiveness is a settled issue once and for all. The issue now is not forgiveness but understanding how Christ's life within us can set us free from sin's destructive power.

*For if, while we were enemies, we were reconciled to God through the death of His Son, then how much more, having been reconciled, will we be saved by His life!* Romans 5:10

So, go ahead and receive it! Agree with God and thank Him for His complete forgiveness. This is where freedom begins. You either believe God that you are forgiven or you are saying that Christ's death on the cross was not sufficient to pay for your sins!

*I have swept away your offenses like a cloud; your sins like the morning mist. Return to me for I have redeemed you.* Isaiah 44:22

Go to *Crave* at the end of this section if you want a Bible study assignment to do today.

Read your memory verse aloud twice. Read it slowly and believe every word!

Make God's Word the final word on what is true about you and your sins. Agree with God each time you are reminded of your sins, saying something like this: "Thank you Lord that this sin of \_\_\_\_\_ was nailed to the cross and you paid for it completely. Thank you that you have forgiven me and you'll never hold this sin against me ever again."

God's mercy and grace will enable you to turn from the sinful lifestyle that once held you captive. As you believe this more deeply and renovate your mind, you will be set free from self-condemnation! Believe God, believer!

*There is no condemnation for those in Christ Jesus, because the law of the Spirit of Life in Christ has set us free from the law of sin and death.* Romans 8:1

Please make sure you understand Romans 8:1. The law of the Spirit of Life has given us grace, mercy, and forgiveness! As a believer in Christ, you are set free! The law of sin and death is a law that simply means that if someone sins someone must die. (Romans 6:23 states, *For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord.*) Jesus Christ died in our place! He has paid the price for your sin! No guilt, no condemnation, no burden remains! Hallelujah! This is The Good News!

Go to *Crave* section if you want a Bible study assignment to do today.

Read your memory verse aloud.

## DAY 2 – FORGIVEN

### SEEK GOD

### OBTAIN TRUTH

Read this question and allow God to set you free with this Truth.

*"I have confessed my sin; why do I still feel so guilty?"*

The devil wants you to believe the lie that you are unworthy so he can keep you enslaved to sin and hopelessness.

We often beat ourselves up about our behavior and our sins. We feel burdened by the guilt and condemnation that we lay on ourselves! It could be that you are basing your belief about God's forgiveness on your feelings rather than on God's word. Our emotions can't discern the truth from trash (lies). They just respond to what we think. It's dangerous to base truth on how we "feel." Feelings come and go, but God's Word never changes.

Continued...



# Week Three – I Am Secure

## DAY 3 – 1<sup>ST</sup> JOHN

### SEEK GOD

#### OBTAIN TRUTH

Read the book of 1st John.

Don't panic! This is a short book! Read it through once without stopping to get a good overview. To study scripture, there are various methods that can be used. This week, we are introducing a new method: The ABC method.

Here is a simple explanation for this study tool:

“A” is for “A title” - How would you summarize, in a title form, the passage you read?

“B” is for “Best verse” - What was your favorite verse? There is no right or wrong answer.

“C” is for “Calling” - Does this passage call you to a certain task?

The ABC Method will help you learn from the Word in a new way. Make sure to always understand the context (the circumstances or setting) of the passage to more accurately attain the meaning. When you are finished, pray. A Bible study method will not bring revelation - God does! The more important role of a Bible study is communing with God. Your relationship with Him is more important than the knowledge you gain.

Read through the memory verse aloud.

## DAY 4 – THE SIN OF UNBELIEF

### SEEK GOD

#### OBTAIN TRUTH

Read Deuteronomy 29:10-21 and Hebrews 3:7-19.

After you read through the passage in Deuteronomy, write a brief summary of the key warnings given to the Israelites about their hearts and attitudes. Title a journal page, “Warnings/Instructions to Believers.”

As you read Hebrews 3, list all the instructions or warnings given to the believer in Christ Jesus. Pay special attention to the final verse. What was the cause of the Israelites loss? Why were they unable to enter into God's presence?

You see, grace and faith save, so only rejecting faith (unbelief) in Christ can prevent your salvation. Allow these Truths to strengthen your desire to live worthy of the grace you have received!

Read your memory verse aloud.

## DAY 5 – UNDER GRACE

### SEEK GOD

#### OBTAIN TRUTH

Read Galatians 3.

Title a new journal page with the two columns, "Faith" and "The Law." Read chapter 3 again slowly and list in your own words the essence of everything taught about faith and the law.

Meditate on the significance of what Paul is teaching here. Rejoice that you are no longer under the Law, but you are under grace through the precious blood of Christ Jesus! Oh, what a blessed salvation!

#### CRAVE

Did you finish all five daily Nourishment portions? Are you still hungry for more Truth? The Crave section gives you additional opportunities to explore the Bible. Consider taking on these challenges.

#### **Read 1 Peter 1, 2 Peter 1:5-15 and James 5:19,20.**

Begin a new journal page with the title, "The Believer." You know what to do! First, read the passage in its entirety. Next, write down all that applies to a believer in Christ. This may seem tedious, but remember that we want Truth to sink deep and bring revelation and renovation! We reap what we sow, so this time is well worth your efforts!

#### **Read Hebrews 12.**

Here are a few suggestions:

Use the ABC method.

Make a new journal page using the titles, “God's Role” and “My Role.”

Consider recording questions you have and ask them at your next group.

# Week Four – I am Filled with the Holy Spirit

## MEMORY VERSE

*Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own...*

1 Corinthians 6:19

## VIDEO REVIEW

“I am Filled with the Holy Spirit”

Did you know that God has deposited the greatest treasure inside of you? It's the Holy Spirit – God's very own Spirit. It's the same Spirit that raised Christ from the dead! The Spirit that lives in you has raising-from-the-dead power! Once you know what you have, you will be forever changed. But first, we need to:

- Value Him! The Holy Spirit lives in you
- Seek Him! You seek what you value
- Recognize Him! The Holy Spirit's voice versus your voice

Think back through your life when the Holy Spirit may have prompted you, protected you, convicted you or was drawing you closer to Him.

## DAY 1 – THE COUNSELOR

### **SEEK GOD**

Seek your Heavenly Father. Ask Him for a greater understanding of the Holy Spirit who lives in you. He will show you. Continue praying Ephesians 1:17-20 daily. God will give you wisdom and revelation!

### **OBTAIN TRUTH**

Read John 16:5-16 and 2 Corinthians 5:17.

Title a new journal page, “What God Gave Me.” As you read today's passage, make notes when you find something God gave you through the Holy Spirit. Don't be concerned with getting this right or wrong. Just try to see the scriptures in a new way. Trust God with the results.

Want to know more about what God gave you through the Holy Spirit? Check out this teaching by our Senior Pastor at Lifechurch.tv, Craig Groeschel.

<http://www.lifechurch.tv/message-archive/watch/ghost/1>

Take notes during this message. Compare your notes to your “What God Gave Me” journal page.

## DAY 2 – THE SPIRIT OF TRUTH

### **SEEK GOD**

Seek your Heavenly Father. Ask Him for more understanding of the Holy Spirit in you. Continue praying Ephesians 1:17-20 daily.

### **OBTAIN TRUTH**

Read John 14:15-31.

Today, continue with what we started yesterday. Open to your “What God Gave Me” journal page. As you are reading today's passage, add to your list. Take time to contemplate what these things means to you personally.

Review your memory verse.

# Week Four – I am Filled with the Holy Spirit

## **DAY 3 – RECEIVE WHAT GOD PROVIDES**

### **SEEK GOD**

Seek your Heavenly Father. Ask Him for more understanding of the Holy Spirit in you. Continue praying Ephesians 1:17-20 daily.

### **OBTAIN TRUTH**

Read Ephesians 1:13-23.

Great news! God didn't leave you helpless or as an orphan! He left you with a seal, guaranteeing your inheritance – guaranteeing your adoption into His family! He left you with power through His Holy Spirit!

Read today's verses. Title a new journal page with two columns, "God's Role" and "My Role." For example, God's role is to give wisdom and enlightenment, while our role is to ask for wisdom and revelation. This might be challenging because you may have to infer what your role is. God's role may seem easy to find or it may not, but we believe this exercise will help you obtain revelation of all that God has given you! Just try it. Ask God to open your heart to see His role and your role.

Want to know more about what God gave you through the Holy Spirit? Watch this video by Pastor Craig Groeschel. <http://www.lifechurch.tv/message-archive/watch/ghost/2>

### **CRAVE**

Pray. How do you pray best? Face down on the floor? In the shower? Writing out your prayers? On your knees? Find your special way that you communicate best with your Father.

Thank you, Father, for filling me with your Spirit. Thank you that I am not helpless, that I am filled with your power and your Spirit. Thank you that you have given me gifts that I have yet to see and use. Father, continue to open my eyes so that I can truly know all that I have in You. May my life be a vessel that brings you glory. In Jesus name, amen.

Read the Holy Spirit verses in John 14 and 16. Write down what you learn from each verse

## **DAY 4 – GIFT GIVER**

### **SEEK GOD**

Seek your Heavenly Father. Ask Him for more understanding of the Holy Spirit in you. Continue praying Ephesians 1:17-20 daily.

### **OBTAIN TRUTH**

Read 1 Corinthians 12, 1 Peter 4:10-11 and John 14:12.

You may have gifts you've yet to discover. Title a journal page, "Gifts available to the believer." Now, consider the spiritual gifts you believe God has given to you and write these down under the title, "My Gifts."

Check out this message on all the gifts the Holy Spirit gives! Join Pastor Craig Groeschel now. <http://www.lifechurch.tv/message-archive/watch/ghost/3>

Look up the verses that Pastor Craig references. If you don't take the time to look them up for yourself, you are less likely to retain them. The essence of Obtain Truth is for each of us to pick up our Bible and do the work it takes to renew our minds.

If you watch the video, revisit the two journal pages from above and add to them. Reread 1 Corinthians 12:31. What should you do with your spiritual gifts?

## **DAY 5 – MY BODY, HIS TEMPLE**

### **SEEK GOD**

Seek your Heavenly Father. Ask Him for more understanding of the Holy Spirit in you. Continue praying Ephesians 1:17-20 daily.

### **OBTAIN TRUTH**

Read 1 Corinthians 6:19 and Acts 19:1-7.

You are filled with the Holy Spirit! I (Sheri) didn't realize this for a season because I didn't readily operate in the fruits of the Spirit (Gal. 5:22-23). We need to be continually filled-up with God and His Word in order to see His life (fruit) manifested through us. Title a journal page, "The Holy Spirit." Write down everything you learn about the Holy Spirit from these passages and the video below.

Want to know more about the Holy Spirit? Check out this message on being filled with the Holy Spirit from Pastor Craig Groeschel. <http://www.lifechurch.tv/message-archive/watch/ghost/4>

Review your memory verse.

# Week Five – I am a Priest

## MEMORY VERSE

*You are a chosen people, a royal priesthood, a holy nation, a people belonging to God, that you may declare the praises of him who called you out of darkness into his wonderful light.*

1 Peter 2: 9,10

## VIDEO REVIEW

I am a Priest

When you know who you are, you will know what to do.

- When you know who you are...
  - All believers are priests
- ...You will know what to do
  - We are called to be like *Jesus*, our High Priest!
  - We are to offer spiritual sacrifices of love by:
    - Serving
    - Giving
    - Fully surrendering our lives

Priestly Benefits:

- God, Himself, is our inheritance! This world is not our real home!

Because of our High Priest (Jesus), we have full and confident access to the Throne of God!

## DAY 1 – I AM A PRIEST OF GOD

### SEEK GOD

Thank and praise your Heavenly Father that you are a chosen, holy and royal priest! Ask to be used for declaring and displaying His glory.

### OBTAIN TRUTH

Read 1 Peter 2:4-12.

Seek and ask God for revelation about your identity as a priest. What does this mean to you? Title a journal page, “I am a priest of God.” Read today’s passage. Write down the characteristics of a priest. Remember, all believers are priests. Therefore, when you read through any text about a believer, you can also interject the word “priest,” your name, or any other title that identifies a Christian!

Think about this every time the Bible speaks about a believer in Christ! See yourself as God's Word declares that you really are!

Today, take five minutes to be silent before the Lord. Read your memory verse aloud twice. Remember to read slowly and pay attention to every word. God’s Word is living and active!

## DAY 2 – IMITATING JESUS

### SEEK GOD

Thank and praise your Heavenly Father that you are a chosen, holy and royal priest! Ask to be used for declaring and displaying His glory.

### OBTAIN TRUTH

Read John 13:1-17 and Philippians 2:1-18.

Allow God to renovate your mind – “When you know who you are, you will know what to do.” – Amy Groeschel

Let’s look at a specific story of who Jesus was and what He did. Because Jesus knew who He was, He knew what to do.

Label a journal page with two columns, “Character of Jesus” and “How I can imitate Jesus.” Read today’s text. In the “Character” column, write down qualities you see in Jesus’ behavior. In the other column, write down how you can imitate Him.

From your list, schedule one way to practice imitating Jesus this week.

# Week Five – I am a Priest

## DAY 3 – MY PRIESTLY DUTIES

### **SEEK GOD**

Thank and praise your Heavenly Father that you are a chosen, holy and royal priest! Ask to be used for declaring and displaying His glory.

### **OBTAIN TRUTH**

Read Romans 12.

Write "Priestly Duties" on your next journal page. From Romans 12, list everything priestly believers (you) are called to do. Try to use your own words as much as possible. This will help you internalize the Word more.

What has God asked you to surrender? Have you surrendered it yet? What is your unique gift to serve the Body of Christ? Are you using it?

Read aloud the memory verse twice. Quietly pray and listen for the Spirit of God's whispers.

## **CRAVE**

Read Isaiah 58.

Try coming up with your own journal title heading. See what you can glean from the text about being a priest of God.

## DAY 4 – MY GREAT HIGH PRIEST

### **SEEK GOD**

Thank and praise your Heavenly Father that you are a chosen, holy and royal priest! Ask to be used for declaring and displaying His glory.

### **OBTAIN TRUTH**

Read Hebrews 7:11- 28, 8 and 9.

Today's reading assignment may take a while, but it will be worth the effort! Consider breaking this assignment up into two lessons.

Today, you are going to get a closer look at your High Priest as you read in Hebrews.

Try using the ABC method described in week 3 to gain insight from these chapters. To refresh your memory, ABC means:

A = A Title  
B = Best Verse  
C = Calling

When you are finished, review and meditate on the truths you have learned.

Glorify God with a sacrifice of praise! Keep reciting aloud your memory verse.

## DAY 5 – I AM CALLED AND BLESSED

### **SEEK GOD**

Thank and praise your God that you are a chosen, holy and royal priest! Ask Him to make you usable for declaring and displaying His glory.

### **OBTAIN TRUTH**

Read Isaiah 61.

Jesus states, in John 20:21, "*As the Father has sent me, so I am sending you.*" Imitator of Jesus (that's you!), are you ready to be blessed? Yes? Okay. First, read Isaiah 61 all the way through without stopping. This is a prophesy given about Jesus Christ, our High Priest, and His chosen people -- us!

Take your journal and prepare the title, "My Calling and Our Blessings in Christ." As you read through the text a second time, write down each calling and blessing you have in Christ Jesus.

Praise God! We have an awesome High Priest and an awesome calling! It's time to respond to God with all your heart.

# Week Six – I am Adopted

## MEMORY VERSE

*He predestined us to be adopted as his sons through Jesus Christ, in accordance with his pleasure and will. Ephesians 1:5*

### VIDEO REVIEW

I am Adopted

- Has your view of God been twisted?
  - Did you only know about God from other people's opinions?
  - God is your Abba Father. He is good and has good intentions toward you.
- God's original design was for you to have His name on your birth certificate, but sin prevented this. Therefore God sent His Son to restore our birthright!
- Great news: Through Christ, you have been adopted!
  - You have a new birth certificate
  - You have birthrights
  - You have new family responsibilities

### DAY 1 – ADOPTED BY A GOOD FATHER

#### **SEEK GOD**

Take a moment to thank God for adopting you into His family. Ask Him for deeper insights.

#### **OBTAIN TRUTH**

Read James 1:16-18, and Isaiah 43:1-7,16-21.

Today, we are going to seek God for revelation about His goodness. I love these verses in Isaiah. When I lost my mom, I clung daily to Isaiah 43:2. I hope you enjoy this precious love letter from your Father whom loves you extravagantly! Begin a journal page with the heading, "A True View of God." As you read these passages, write down whom God truly is.

After journaling, sit before the Lord quietly to dwell on one of these verses. Ask God to reveal where your view of Him might be distorted. Ask Him to show you how good He is. Allow any twisted view of God to flee from you and grab on to the God who loves you passionately. Psalm 86:5 declares, *"You are forgiving and good, O Lord, abounding in love to all who call to you."*

### DAY 2 – MY NEW FAMILY

#### **SEEK GOD**

Thank God for adopting you into His family. Ask Him for more wisdom and understanding.

#### **OBTAIN TRUTH**

Read John 1:10-13, Isaiah 44:1-5, Mark 3:31-35 and Romans 8:15-25.

Ephesians 1:5, *"He (God) predestined us to be adopted as his sons (& daughters) through Jesus Christ, in accordance with his pleasure and will."* Isn't this wonderful news?

You are adopted! In the parent section of your birth certificate, there is a new name: *Abba Father*. Your Abba Father formed you. You were created for His glory. The moment you received Jesus as your Savior, you were immediately plucked out of darkness and placed into the family of God.

You have been restored to your originally designed birth family! The True Israel! In Ephesians 3:5-6, we see Paul explain that all Christians are part of the true Israel. He states, *"This mystery is that through the gospel, the Gentiles (non Jews) are heirs together with Israel, members together of one body, and sharers together in the promise in Christ Jesus."*

Let's journal. As you read these scriptures, ask God for fresh insight in "My New Family." Use this phrase as your working title. Also, ask God to show you what old family bondage you are hanging on to. Adopted child of God, you are not the same! Your old nature no longer has any hold on you! Whoever Jesus sets free is free indeed! (John 8:36)

Today, take just five minutes to be silent before the Lord. Read your memory verse aloud twice.

# Week Six – I am Adopted

## DAY 3 – MY NEW BIRTHRIGHTS

### SEEK GOD

Say this prayer: God, thank you for adopting me into Your family! Father, today, I ask for your revelation to know my new family more intimately.

### OBTAIN TRUTH

Read Luke 10:17-22, Ephesians 1:19-21 and Revelations 21:1-8.

Your birthright has been restored! Title a journal page, “My Birthrights.” As you read today’s verses, write down the birthrights that have been restored to you. Pray and ask for wisdom and revelation concerning these birthrights.

After journaling, in Luke 10:19, we read that we have been given "authority" (some Bible versions say "power") to trample the enemy (figuratively speaking, snakes and scorpions). The original Greek word for authority is *exousia*, **ex-oo-see'-ah**, which means privilege, i.e. force, capacity, competency, freedom, or mastery, delegated influence. We see this same Greek word used in other scriptures translated as jurisdiction, liberty, power, right, and strength. Look at verse 19 again and insert these synonymous words in place of “authority.” Wow! What an awesome gift we have been given!

James 4:7 instructs, *"Submit yourselves, then, to God. Resist the devil, and he will flee from you."* This explains how to exercise our authority over the enemy: Submit to God. Resist the devil.

Want to know one more awesome birthright?

Take a look at what Paul wrote to believers in 1 Corinthians 3:21-23: *"All things are yours, whether Paul or Apollos or Cephas (apostles of Christ) or the world or life or death or the present or the future—all are yours, and you are of Christ, and Christ is of God."* This is so amazing! Child of God, in Christ, all things are yours!

If you still want more insight into your birthright, read through all of Romans chapter 8 again.

Read the memory verse aloud twice.

## DAY 4 – GROWING UP

### SEEK GOD

Be sure to pray before you start today. It’s important to understand that God is the one who gives understanding.

### OBTAIN TRUTH

Review the memory verse.

Read 1 Corinthians 3:1-3.

Read today’s verses. The Father wants you to know Him, rely on Him, and grow up so that He can empower you to bring Him glory on this earth. Don’t waste His grace poured out for you.

*“As God's fellow workers we urge you not to receive God's grace in vain.”* 2 Corinthians 6:1

It doesn’t matter where you are today. What is important is that you draw a line in the sand and say to yourself, “A lukewarm and a non-growing environment is no longer acceptable. I want to mature in Christ, and that begins today!”

Where are you? Circle your answer:

Are you an **infant, child, teen** or **adult** in your Christian walk?

Are you on **solid food** yet? Or are you still on **milk**?

How does one grow up? How can you move from milk to solid food?

Ephesians shows us how. Chapters 1-3 are really teaching the milk...the simple gospel message and who you are in Christ. In chapters 4-6, Paul is showing the believer (you and I) that if our life looks like an unbeliever, then we cannot possibly be on solid food. He is saying, “Guys, you have to go back and understand who God is and who you really are so that you can get past your selfish desires.”

Do you know what happens when you know God and when you know your identity in Him? He sets you free! You begin to love God because of who He is, not because of what He can do for you. You begin to love others because God loves them so much He sent His Son so that they could have life (John 3:16-17)!

You change! You begin to get white-hot for God because you go from knowing about Him to knowing Him intimately!

And finally, there is Ephesians 6:10-24. Now this is what a maturing believer can achieve, one who isn’t just on milk. They are digesting the meat of God’s Word. They are able to stand firm in life’s battles! They are prepared and victorious!

Are you ready to take your family responsibility seriously? Make a commitment today! Share this decision with your Father God, your small group, friends and family so they can be a source of encouragement to you!



# Week Six – I am Adopted

## DAY 5 – A MATURING FAMILY

### SEEK GOD

Seek time with God before you begin today. Your relationship with Him is far more important than anything else!

### OBTAIN TRUTH

Read Ephesians 4:1-16.

Let's look at some ways to be a maturing family member in God's Household.

Make a journal page – you decide how to title the page. Maybe use the ABC method this time.

Meditate and seek a deeper understanding from the Word you have studied today.

If you have the time, read through the entire book of Ephesians. Consider journaling on these two topics: "Who God Is" and "Who I am." Read the verses and write down who scripture says God is and what it says about who you are.

Read your memory verse aloud.



### CRAVE

Pray to God. If you don't know what to pray, try this one:

*Father, I don't want to be an infant any more. I want to know Your riches and the authority that You gave me through your Holy Spirit. I want to know You intimately by the name of Abba Father. Father, grant me a spirit of wisdom and revelation so that I can know You more intimately and deeply. Flood the eyes of my heart so that I can know my inheritance, who I am in You and my calling that You prepared in advance for me to do. Reveal to me the power that is in and for me, the same power that You used when You raised Jesus from the dead and seated Him at your right hand. Father, I want to love You better than this. I know that I haven't arrived, but today, at least know I am on that journey!*

Read Galatians (Yes, the whole book.)

You decide how to title your journal pages. Maybe use the ABC method or another title we used from a previous week.

# Week Seven – I am Loved

## MEMORY VERSE

*"Let the beloved of the LORD rest secure in him,.. And the one the LORD loves rests between his shoulders."*

Deuteronomy 33:12

## DAY 1 – GOD’S INCOMPARABLE LOVE

### SEEK GOD

Pause and ask God for a fresh revelation to know His surpassingly great love for you.

### OBTAIN TRUTH

Read Ephesians 3:14-20, Romans 8:38-39.

Do you ever feel unworthy, unloved, or insecure? It is a great burden to measure our worth by what others think of you or by your own expectations. Do you sometimes think that you should just try harder to be "good enough?" Maybe then you will be worth loving? Human love is limited, small, and conditional. Beloved, here is the good news: God's love for you is massive, constant and eternal! He loved you and chose you even before you were made worthy through His son, Jesus Christ!

Rate your understanding of His love for you on a scale of 1 to 10. One being, "I don't know His love." Five being, "I know He loves me, but I can't feel it all the time." Ten being, "I know His love and His presence consistently in my life." Be honest here because later, we are going to look at this again to see if you are gaining understanding and intimacy in God's love for you.

1 2 3 4 5 6 7 8 9 10

We need revelation to grasp the enormity of God's love. Remember, His love surpasses human comprehension! It is supernaturally discerned. We need His revelation to "get it." Title a journal page, "God's Love for Me." Describe His love based on what you read, as well as what you hear from God. Please don't rush through this. The reward of gaining this truth is that you will be filled with all the fullness of God! Freedom awaits.

Today, take five minutes to just be silent before the Lord. Read your memory verse aloud twice today.

## DAY 2 – CAN YOU SEE HIS LOVE?

### SEEK GOD

Pause and ask God for a fresh revelation to know His surpassingly great love for you.

### OBTAIN TRUTH

Read Exodus 33 and 34.

Today we are going to start the process of digging into scripture to find some attributes of God. An attribute is a quality or trait possessed by someone or something. You will discover that many of God's attributes display His great love for you!

Title a journal page, "Attributes of God" and begin your search through Exodus 33 and 34.

When you're finished, go back and draw a heart next to every trait that demonstrates God's love. Get ready for huge blessings as you discover His many deeds rooted in love!

## VIDEO REVIEW

I am Loved

### What is your worth to God?

Know this: God loves you so much that while you were still living in your sins, He sent Jesus in exchange for your life! (Romans 5:6)

### Believer, you are BELOVED!

Beloved means: dearly loved, adored, esteemed, cherished, prized and valued!

God knows every hair on your head!

- Do you know His love personally?
- Can you see His love in your own life?
- Can you see His love in the Word of God?

Consider His love for you that was demonstrated on the cross!

# Week Seven – I am Loved

## DAY 3 – GOD IS LOVE

### **SEEK GOD**

Pause and ask God for a fresh revelation to know His surpassingly great love for you.

### **OBTAIN TRUTH**

Read Psalm 118.

Fill a journal page with “Who God Is” (His attributes).

God's trademark is love. God is Love. You are the object of His love and affection! Allow your eyes to be opened to see the object of His love as you read today's passage.

**You will never understand His love for you by looking at yourself. You must look at who He is!** We love Him because He first loved us. Marvel at who He is. He is worthy. He has made you worthy through the cross!

Read your memory verse today.

### **CRAVE**

After completing this week's homework, on a scale of 1 to 10, where would you rate your understanding of God's love for you? One being, “I don't know His love.” Five being, “I know He loves me, but I can't feel it all the time.” Ten being, “I know His love and His presence consistently in my life.”

1 2 3 4 5 6 7 8 9 10

Review your journal notes from this week to glean even more understanding about God's love. Also, gain a greater insight into His love by taking a journey through your entire journal. Draw a heart by every point that reveals God's great love for you.

Consider posting some of your journal favorites where you could read them regularly.

## DAY 4 – THE RICHES OF GOD'S LOVE

### **SEEK GOD**

Ask God for a fresh revelation to know His surpassingly great love for you.

### **OBTAIN TRUTH**

Read Romans 8.

This chapter is powerful! Don't miss out on the treasures in this text. What Jesus Christ did for us is completely due to His mercy and grace. It is because of His love and for His glory that we are His own!

Begin a new journal page with the title, “What I have in Jesus.” As you read through Romans 8 again, write down in your journal the treasures you discover that you have in Jesus!

Later on today or this week, look over the notes you have taken. Meditate on the Truths that God is using to minister to you. Choose to walk in light of who you are!

Keep reciting aloud this week's memory verse.

## DAY 5 – NO GREATER LOVE

### **SEEK GOD**

Seek God for a fresh revelation to know His surpassingly great love for you.

### **OBTAIN TRUTH**

Read John 19:1-37, John 3:16-17 and Isaiah 52:14.

Begin a journal page with the heading, “His Love Revealed on the Cross.” Write out everything that Jesus endured because of His love for you. Can you see His love at the cross? God showed you the full extent of His love on the cross! He took the entire burden for you so there is none left for you to bear! Look intently and carefully at what you read and write. Never allow the story of the cross to become stale from familiarity! It is the most profound act of love known in life. *“Greater love has no one than this, that he lay down his life for his friends.”* John 15:13

Rest. Thank God for His intimate love for you! Read your memory verse aloud twice today.

# Week Eight – I am in a Battle

## MEMORY VERSE

*This is the victory that has overcome the world, even our faith. Who is it that overcomes the world? Only he who believes that Jesus is the Son of God.*

*1 John 5:4-5*

### VIDEO REVIEW

I am in a Battle

- There is a battle between your flesh and your spirit. The flesh is your natural or sinful desires, feelings, thoughts and actions that are void of God's supernatural power and life.
- A big problem in the battle: Many see themselves as “barely” restored!
- The solution: See yourself as completely restored and new in Christ!
- The way David won his battle: He knew his God and he knew who he was!

This week, we are going to focus on this key component: Knowing who you are in Christ.

### DAY 1 – FACING GIANTS WITH FAITH IN GOD

#### **SEEK GOD**

Ask God for the heart and eyes of David so you can more fully understand your identity in Christ.

#### **OBTAIN TRUTH**

Read 1 Samuel 17:1-50.

Today, we are going to look at the story of David and Goliath. Some of you heard about this story when you were small and some of you have never heard it. Either way, we are going to look at it through a new lens.

As you read through this great story, notice how David faced criticism from his brother, the King, and Goliath yet still had the courage to face the battle in front of him! I am not sure I would have had the same response. Would you?

David knew so well that he was God's chosen child. He was secure in his Father and his identity! So secure, that no one could even shake him right before the battle! This should be our goal as believers. We should know our Father and our identity so well that we run toward our giants with great faith like David! (1 Samuel 17:48)

Divide a journal page in half. On one side, write, “What people thought of David” and on the other side, write, “What David knew as Truth.” You will have to assume a little here. As you read the text, complete your journal columns. Seek to know God and these Truths with a David kind of confidence.

Seek God for revelation as you answer the following questions:

- Are you living more out of your flesh than the Word?
- Do you believe what others say about you more than what God says?

Read your memory verse aloud.

### DAY 2 – BATTLE LESSONS

#### **SEEK GOD**

Ask God for the heart and eyes of David so you can more fully understand your identity in Christ.

#### **OBTAIN TRUTH**

Read Exodus 6 and Daniel 3.

Today we are going to read about two different situations where God called people. We will see in Exodus 6 that Moses was insecure. He did not know his identity in the Lord. However, in Daniel 3, we'll see three young men that were confident in their Lord to the point of death!

How can we be like the three young men? It is only by knowing God intimately and knowing who we are in Him that will give us the supernatural power to win the everyday battles!

Title two journal pages, “Lessons from Moses” and “Lessons from Shadrach, Meshach and Abednego.” As you read today's verses, list the lessons you learn from these two stories.

Now, title a journal page, “Lessons from My Life.” Yes, it is your turn. Seek God and evaluate your own life. What have you learned (or failed to learn) about God and who you are in Christ? You might want to think about one event or struggle that brought spiritual insight. In victory or failure, God is faithful to work out all things for your good! Romans 8:28

Read your memory verse aloud twice.

# Week Eight – I am in a Battle

## DAY 3 – KNOWING GOD IS EVERYTHING

### **SEEK GOD**

Ask God for the heart and eyes of David so you can more fully understand your identity in Christ.

### **OBTAIN TRUTH**

Read Psalm 23 and 24.

Let's read some of the Psalms that David wrote. They show us how much David loved God and how intimately he knew the Father. Knowing God leads to knowing our identity in Him so that we can stand against our enemies and win the battles between our flesh and spirit!

Title your journal page, "My God." Write out everything that describes or demonstrates who God is. If you go slow enough to really think about these familiar passages, you will discover the richness of God's love for you.

Read through your memory verse aloud.

## DAY 4 – A HEART LIKE DAVID'S

### **SEEK GOD**

Ask God for the heart and eyes of David so you can more fully understand your identity in Christ.

### **OBTAIN TRUTH**

Read Psalm 27.

In Scripture, David is known as "A man after God's own heart." As God's adopted and holy children, this is how we should all be described!

Today, we are going to continue on this journey of investigating David's heart for the Lord and his response to God's love for him. Let's press into the Word even more so we can obtain a greater revelation about David's security in God, with the goal to live out of the same Truths in our lives!

Title a new journal page with these two columns: "God is" and "David's heart." As you read through Psalm 27, write down who God is (his character or attributes) and what you discover regarding David's heart.

Continue reciting your memory verse aloud.

## DAY 5 – MY TRUE IDENTITY

### **SEEK GOD**

Ask God for the heart and eyes of David so you can more fully understand your identity in Christ.

### **OBTAIN TRUTH**

Read Ephesians 1.

David knew who he was and he was confident in his identity, but we have even a greater covenant with God than David did! We have the Holy Spirit living inside us. David did not. The Holy Spirit fills, guides and teaches us. The Holy Spirit is our deposit guaranteeing our inheritance - our identity! Label a journal page, "My identity in Christ." As you read Ephesians 1, list the words and verses that describe your identity in Christ.

Review this list by reading it aloud in front of the mirror daily until you believe it! This may seem a little weird to you but just give it a try. You will be surprised at the results!

### CRAVE

Complete any unfinished reading or journaling from this week's Nourishment sections.

Read Ephesians 2 and 3. As you read, continue adding journal pages with the heading, "My Identity in Christ."

Consider keeping a permanent journal of all the battles the Lord has won for you! When David went up against Goliath, he continually remembered how God delivered Him from previous battles.

Choose to remember God's faithfulness. What a glorious and wonderful God we serve!

# Week Nine – REAL Stories of Freedom

## MEMORY VERSE

They overcame him by the blood  
of the Lamb and by the word of  
their testimony...  
Revelation 12:11(a)



## VIDEO REVIEW

”Transformed by the Truth: REAL Stories of Freedom”

This week at group you watched a wonderful testimonial video. This video included testimonies from several people from all walks of life. They shared their personal stories of how God set them free! We pray that your faith was strengthened from these amazing stories of Truth setting these individuals free.

## SEEK GOD

Ask God to remind you of something He has brought you through. Spend some time listening and being still before God. Praise Him for all He has done for you!

## OBTAIN TRUTH

Today, title a journal page, “My Testimony.” What is your story? How has God redeemed your life from the pit? What revelation have you gained from this study that has helped set you free?

This week, be sure to share your testimony with a friend or a stranger so they have the opportunity to see the goodness of God!

Also, be prepared to share your personal testimony in your small group next week. Maybe your group can make your own “Stories of Freedom” DVD!

# After the Study

Your journey in obtaining truth doesn't have to stop here. Our prayer is that you will desire to continue studying God's Word on your own or with a small group to obtain even more revelation of God's Truth. The scripture is active and alive. If you choose to seek it, it will meet you where you are and bring life to your circumstances. There are infinite revelations to be found in the Word. It is a treasure waiting to be sought out!

Instead of picking up the next book or Bible study, try grabbing a new journal and read the Word as if you were on a treasure hunt. Search for things like, "Who is God." Or use some of the journal headings we have already used during this study.

Consider taking a tour through the epistles. They are the letters written to the early church. In much of the material here, you can clearly see God's grace, love and mercy, as well as who you are in Christ. Pick one of the epistles listed below. Title a journal page with one of the headings to the right.

1 Corinthians	2 Corinthians	Galatians
Ephesians	Philippians	Colossians
1 Thessalonians	2 Thessalonians	1 Timothy
2 Timothy	Titus	Philemon

Take one book or chapter at a time. It's up to you. This process is going to help you get the truth from the source of truth – God Himself. Your view of God will be strengthened as you get outside your comfort zone to seek God and obtain truth by faith!

## **JOURNAL PAGE HEADINGS**

Listed below are ideas for journal topics that might be beneficial in your pursuit of revelation. Use these suggestions or make up your own!

- God's Character or Attributes of God
- Who is God?
- Who Does God Say I am?
- God's Role
- My Role
- Product of Sin
- Product of Walking by the Spirit
- My Calling
- Why Obey God?
- Blessings
- God Loves Me
- What Belongs to Me
- Instructions to Believers
- Warnings to Believers
- Adoption Manual